

# Invitation to the Capacity Café



**Tupper School parents:** Do you wonder about today's youth culture?  
Join us to hear from young people who have volunteered to share:

- The stresses and pressures youth face
- What adults do that helps (& doesn't)
- What real youth think and feel

*\*The Capacity Café is an evening for parents & caregivers, not students.*

Be a part of our  
community response!



Feb. 13<sup>th</sup> 2019  
(Wednesday)

Charles Tupper  
Secondary Library

6:00 – 8:45 pm

Email- Alina Jacob  
[alina.jacob@vch.ca](mailto:alina.jacob@vch.ca)  
to request a seat

Brought to you by:

