VCH AND VSB CO-PRESENT:

Parent Education Series 2018-2019

VCH Child and Youth
Mental Health Services in
collaboration with the
Vancouver School Board
will be offering a series of
Child and Youth
Wellbeing Workshops
this upcoming school
year.

Cost: FREE

Location: VSB Education Centre, 1580 West Broadway Street, Rm 180

Time: Session starts at 6:00pm (2 hours)

Parking: Underground pay parking and street parking available, public transit encouraged

To register: Click on the link below the workshop title.

Password: vsb

- Coffee, tea and snacks provided
- ♦ For caregivers
- ♦ Childcare is not available



Navigating the Mental Health System: October 2nd, 2018

REGISTER

Anxiety in Children and Youth: November 13th, 2018

REGISTER

Depression in Children and Youth: January 10th, 2019

REGISTER

Responding to Challenging Behaviour: February 12th, 2019

REGISTER

Supporting Your Child with ADHD: April 16th, 2019

REGISTER

Encouraging Healthy Eating in Children: May 22nd, 2019

REGISTER



